

# WHO CAN YOU CALL?

## Youth Information and Resource Card

### Health Clinics

<b>Fraser Health Youth Clinic (Tri-Cities)</b> .....	<b>604-614-7688</b>
Fraser Health Youth Clinic (New West) .....	604-329-1875
Fraser Health Youth Clinic (Burnaby) .....	604-293-1764
Iron Horse Youth Clinic (Maple Ridge) .....	604-463-6268
Child & Mental Health Services .....	604-469-7600
Public Health Unit (Tri-Cities) .....	604-949-7200
Eagle Ridge Hospital & Health Care Centre .....	604-461-2022

### STD/HIV Health Information

<b>AIDS Vancouver Help line</b> .....	<b>604-695-4665</b>
Sex Sense .....	1-800-739-7367
STD/HIV Information Line .....	604-872-6652
YouthCo (HIV/AIDS Support) .....	604-688-1441

### Teen Pregnancy & Parenting Support

PLEA Parent and Teen Support .....	604-927-2600
School District 43 Teen Parenting .....	604-939-4522
Pregnancy Concerns .....	604-939-2633
Tri-City Family Place .....	604-945-0048
Adoption/Guardianship Information .....	604-933-2073
Child Care Resource Centre .....	604-931-3400
Crisis Pregnancy Centre .....	604-525-0999
Infant Development Program .....	604-525-6123
Port Coquitlam Health Unit .....	604-777-8700
Newport Health Unit .....	604-949-7200
Pregnancy Support Program .....	604-321-6151

### Alcohol & Drug Services

SHARE Youth Substance Use Services .....	604-939-3900
Tri-Cities Youth Substance Use Outreach Counsellor ..	604-807-0631
Al-Ateen/Al-Anon (for families of alcoholics) .....	604-688-1716
Alcoholics Anonymous .....	604-434-3933
Alcohol and Drug Info Line .....	604-660-9382
Creekside (Withdrawal Management) .....	604-587-3755
Narcotics Anonymous .....	604-873-1018
PLEA Detox .....	604-708-2616

### Legal Information

Legal Aid .....	604-585-6595
Coquitlam Victim Services .....	604-945-1583
Port Moody Police Victim Services .....	604-469-4679

### Police

Coquitlam/Port Coquitlam R.C.M.P .....	604-945-1550
Port Moody Police .....	604-461-3456

### Teen Centers

Hyde Creek Youth Centre/Hyde-away .....	604-927-7962
PoCo Rec. Centre/ The Offside .....	604-927-7938
Coquitlam Recreation Centre .....	604-927-6000
Pinetree Youth Centre/Landing Teen Centre .....	604-927-6900
Poirier Teen Centre/The Centre .....	604-933-6047
Westhill Youth Centre (Port Moody) .....	604-936-9000
PoCoMo Outreach Bus .....	604-781-6671
PoCoMo Youth Services .....	604-525-1888

<b>Helpline (24HR)</b> .....	<b>310-1234</b>
<b>AFTER HOURS EMERGENCY SERVICES</b> .....	<b>604-660-8180</b>
<b>Kelty Health Resource Centre Crisis Line</b> .....	<b>604-310-6789</b>
<b>BC 2-1-1</b>	

### IN A CRISIS?

<b>CRISIS LINE</b> .....	<b>604-951-8855</b>
<b>FOR EMERGENCIES (POLICE/AMBULANCE/FIRE) CALL:</b> ..	<b>9-1-1</b>

# The Tri-City Drug Awareness Task Force

Port Coquitlam  
Community Police Station  
2581 Mary Hill Rd., Port Coquitlam  
604-927-2383  
m.portcoquitlam.ca

## BC 2-1-1 Info Services (24/7 365 days/year)

### Sexual, Physical & Emotional Abuse

ACT 2 for Child Sexual Abuse (Coquitlam) . . . . .	604-937-7776
MCFD Tri-Cities Youth Services . . . . .	604-927-2616
ONYX Sexual Exploitation . . . . .	604-708-2647
Tri-City Transitions Society . . . . .	604-941-7111
Victim Link . . . . .	1-800-563-0808
BC Women's Sexual Assault Service . . . . .	604-875-2881
Youth Against Violence Line . . . . .	1-800-680-4264
Helpline for Children . . . . .	604-310-1234

### Aboriginal and First Nations Support

Aboriginal Safe House . . . . .	1-877-223-4321
ACCESS . . . . .	604-913-7933
Blade Runners . . . . .	604-688-9116

### Eating Disorders

Fraser N. Child & Youth Eating Disorders (MCFD) . . . . .	604-469-7600
Eating Disorder Resource Centre . . . . .	604-875-2084

### Other Supports

Child/Youth/Family Officer . . . . .	1-800-476-3933
Simon Fraser Society for Community Living . . . . .	604-525-9494
SUCCESS Multicultural Issues and Employment . . . . .	604-468-6000
Children & Youth with Special Needs, Tri-Cities . . . . .	604-528-3950
Share Food Bank . . . . .	604-931-2451

### Counseling

PLEA Family Counseling/Parent Teen Mediation/Family Support . . . . .	604-927-2600
SHARE Family and Community Services . . . . .	604-936-3900
Kids Help Phone (counseling & bullying) . . . . .	1-800-668-6868

### Sexual Identity

Generation Out Youth Group . . . . .	604-708-2632
GAB Youth Services . . . . .	604-684-5307
Prideline . . . . .	604-684-6869

### Runaway & Emergency

#### Shelters/Homelessness

After Hours (MCFD) . . . . .	604-660-8180
Covenant House (Vancouver) . . . . .	604-685-7474
Edmonds Youth and Family Resource Centre . . . . .	604-522-2327
Iron Horse Youth Safe House (Maple Ridge) . . . . .	1-877-435-7233
ASH House - Aboriginal Safe House . . . . .	604-254-5147
Vancouver Safe House . . . . .	604-877-1234

### Continuing Education

CABE . . . . .	604-939-4522
School District 43 . . . . .	604-936-4261
Online Learning Centre (Montgomery) . . . . .	604-936-4285
RDK Career Services . . . . .	604-552-7075
Purpose . . . . .	604-526-2522
Pathfinders Youth Centre Society . . . . .	604-460-2856

### Gambling

Gamblers Anonymous . . . . .	604-878-6535
SIGMA (New West Secondary) . . . . .	604-517-6289

**AFTER HOURS EMERGENCY SERVICES . . . . . 604-660-8180**

**HELPLINE (24HR) . . . . . 604-310-1234**